

# TIME

LIFE ON LOAN | WEEK 6

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No doubt, you have a lot going on in your life. You keep calendars, reminders, schedules, and to-do lists packed with places to go, people to see, and things to get done. With work, hobbies, kid's activities, household chores, errands, volunteering, church, pets, vacations...life gets busy in a hurry. But, have you ever stopped to ask yourself, "Why am I so busy? And, what motivates my schedule?"

Though the size of our plates may differ, the minutes we get each day remain the same—1,440. That's it. Each of us has an equal amount of time each day to choose to spend as we wish. So, how are you spending it? Jesus didn't come to give you a busy life. He came to give you full life (John 10:10).

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In ***Luke 10:38-42***, it says that Jesus once visited the home of two sisters, Mary and Martha. They both loved Him, but responded differently to his presence with them.

38 As Jesus and the disciples continued on their way to Jerusalem, they came to a certain village where a woman named Martha ***welcomed*** him into her home....40 But Martha was ***distracted*** by the ***big dinner*** she was preparing.

- Martha welcomed Jesus into her home but not her schedule.
- Martha chose distraction over presence.
- Martha was working for Jesus, trying to prove her worth.

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Meanwhile, 39 Her sister, Mary, *sat* at the Lord's feet, *listening* to what he taught.

- Mary sat at the feet of Jesus and got lost in his love. When was the last time you slowed down, stopped, and got lost in the love of Jesus?

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Luke 5:16 - “Jesus often *withdrew* to the wilderness for prayer.”

- Jesus had a full schedule, but created space to slow down, stop, and withdraw to be refreshed with the Father.
- Jesus withdrew so he didn't have to escape.
- Jesus withdrew so he didn't have to quit.

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40 She came to Jesus and said, “Lord, doesn’t it seem *unfair* to you that my sister just sits here while *I do* all the work? Tell her to come and help me.” 41 But the Lord said to her, “My dear Martha, you are *worried* and *upset* over all these details! 42 There is *only one thing worth* being concerned about. Mary has discovered it, and it will *not be taken away* from her.”

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- Jesus doesn't want you to live busy and worried about every little thing in life. He's the one thing *worth* more than anything. If you concern yourself with being present with him, you'll be present with everything else in life.

- How can you **intentionally** create space this week to sit at the feet of Jesus?

- Turn off the phone!

- Unsubscribe from unnecessary emails

- Schedule space this week for your spouse and/or kids...it may mean saying "no" to an activity, gathering, or event.

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Enjoy an hour of silence and solitude with Jesus, building on your friendship with him. Engage with the following **Friendship Questions**:

- *Jesus, what's exciting you these days? Why?*
- *Jesus, what's grieving you these days? Why?*
- *Jesus, what do you like about me? Why?*
- *Jesus, what do you see when you look at me?*
- *Jesus, when was the last time you wept over me? Why?*
- *Jesus, when was the last time you laughed over me? Why?*
- *Jesus, if you could meet me anywhere face-to-face, where would it be?*
- *Jesus, if my heart is your home, what does that home look like?*
- *Jesus, if you could play a game with me, what would it be? Why?*